

The Farmville Senior Healthcare Planning Guide

Trusted Hospitals, Healthcare Providers & Care Planning Resources
for Seniors and Families

Presented by The Woodland

Planning for future healthcare needs is not always easy.

Whether you are recovering from a recent hospital stay, helping a parent navigate changing medical needs, or exploring senior living options, having trusted information can make the process feel more manageable.

At The Woodland, we understand that choosing a senior living community is only one part of the journey. Families also want confidence that hospitals, medical providers, rehabilitation services, and pharmacies are nearby when they are needed.

That is why we created this guide.

Inside, you will find hospitals, outpatient healthcare resources, and pharmacies serving the Farmville community, along with practical planning tips to help you prepare for future healthcare decisions.

We hope this guide helps you feel more informed, prepared, and confident as you consider the next steps for yourself or someone you love.

The Woodland Team

Who This Guide Is For

This guide may be helpful if you or someone you love is:

- Recovering after surgery or a hospital stay
- Coordinating care for an aging parent
- Exploring senior living or long-term care options
- Managing multiple health conditions
- Looking for trusted local healthcare providers
- Choosing a nearby pharmacy
- Preparing for future healthcare needs
- Seeking a senior living community that coordinates with outside healthcare professionals

Trusted Hospitals and Healthcare Providers

Access to reliable healthcare is an important part of maintaining health, supporting recovery, and planning for changing needs.

Whether someone requires emergency treatment, routine medical appointments, rehabilitation services, diagnostic testing, or specialty care, having established healthcare resources nearby can provide valuable reassurance.

The following organizations are among the local healthcare resources recommended by The Woodland.

Centra Southside Community Hospital

When an illness or injury requires immediate medical attention, having emergency and hospital-based care close to home can make a meaningful difference.

Centra Southside Community Hospital serves Farmville and the surrounding Southside Virginia region. The hospital provides emergency care, inpatient treatment, diagnostic services, rehabilitation, surgery, and access to several specialty services.

Services May Include

- Emergency care
- Inpatient medical care
- Surgical services
- Cardiology
- Orthopedic care
- Diagnostic imaging
- Laboratory services
- Rehabilitation
- Specialty physician services

Why The Woodland Recommends Centra Southside Community Hospital

The Woodland values having an established community hospital nearby to support residents when emergency treatment, hospitalization, or follow-up care is needed.

Clear communication among hospital teams, physicians, residents, families, and senior living care teams can support continuity of care and help make the transition back to the community more manageable following a hospital stay.

Location

800 Oak Street
Farmville, VA 23901

Phone

434-392-8811

Website

<https://www.centrahealth.com/locations/centra-southside-community-hospital>

Centra Southside Medical Center

Many healthcare needs can be addressed without a hospital stay.

Routine physician appointments, rehabilitation therapy, laboratory work, diagnostic imaging, and specialty services all play an important role in maintaining long-term health and independence.

Centra Southside Medical Center offers several outpatient healthcare services in one Farmville location.

Services May Include

- Primary care
- Orthopedic care
- Physical therapy
- Occupational therapy
- Speech therapy
- Laboratory services
- Diagnostic imaging
- Specialty physician care

Why The Woodland Recommends Centra Southside Medical Center

Convenient access to outpatient medical care can reduce travel demands and make it easier for residents and families to manage appointments, testing, therapy, and follow-up care.

Having multiple healthcare services available locally may also help support better communication and continuity among physicians, specialists, therapists, and caregivers.

Location

935 South Main Street
Farmville, VA 23901

Phone

434-315-5340

Website

<https://www.centrahealth.com/locations/centra-southside-medical-center>

Choosing the Right Pharmacy

A dependable pharmacy can be an important part of a senior's healthcare team.

In addition to filling prescriptions, pharmacists may answer medication questions, provide guidance about potential interactions, coordinate refills, administer eligible vaccinations, and communicate with prescribing providers when needed.

The following pharmacies serve seniors and families throughout the Farmville area.

Farmville Family Pharmacy

Farmville Family Pharmacy is a locally owned independent pharmacy focused on personalized service and community relationships.

Services May Include

- Prescription refills
- Prescription transfers
- Medication counseling
- Immunizations
- Medication delivery, when available

Why Many Families Choose an Independent Pharmacy

Some seniors and caregivers value the personal attention and familiarity that an independent pharmacy may provide.

Building an ongoing relationship with a local pharmacist can make it easier to ask questions, discuss medication concerns, and manage multiple prescriptions over time.

Website

<https://yourpharmacyfamily.com/>

CVS Pharmacy

The CVS Pharmacy on South Main Street provides prescription services and several medication-management options for Farmville residents.

Services May Include

- Prescription filling and refills
- Prescription transfers
- Drive-through pharmacy pickup
- Vaccinations
- Medication counseling
- Eligible prescription delivery

Location

919 South Main Street
Farmville, VA 23901

Website

https://www.cvs.com/store-locator/farmville-va-pharmacies/919-south-main-st-farmville-va-23901/storeid=1559?WT.mc_id=LS_GOOGLE_FS_1559

Walgreens Pharmacy

Walgreens provides another local option for prescription medications, eligible vaccinations, pharmacy consultations, and everyday health products.

Services May Include

- Prescription filling and refills
- Prescription pickup
- Vaccinations
- Medication counseling
- Over-the-counter healthcare products

Location

1401 South Main Street
Farmville, VA 23901

Website

<https://www.walgreens.com/locator/walgreens-1401+s+main+st-farmville-va-23901/id=17429>

Walmart Pharmacy

Located inside the Farmville Walmart Supercenter, Walmart Pharmacy offers prescription and pharmacy services in a convenient retail setting.

Its location may be helpful for family caregivers who want to combine prescription pickup with grocery shopping or other household errands.

Services May Include

- Prescription filling and refills
- Immunizations
- Medication counseling
- Prescription pickup
- Over-the-counter healthcare products

Location

1800 Peery Drive
Farmville, VA 23901

Website

https://www.walmart.com/store/1486-farmville-va/pharmacy/?veh=seo_loc

Planning Tip

Keep a Current Medication List

Maintaining an up-to-date medication list can simplify appointments, hospital visits, and conversations with healthcare providers.

Include:

- Prescription medications
- Dosages and instructions
- Over-the-counter medications
- Vitamins and supplements
- Medication allergies
- Prescribing physicians
- Preferred pharmacy
- Emergency contact information

Bring the list to medical appointments and hospital visits. Update it whenever a medication or dosage changes.

Questions to Ask Before Choosing a Healthcare Provider

Every person's healthcare needs and circumstances are different.

Asking thoughtful questions can help seniors and families understand their options and make informed decisions.

Consider asking:

- Does this provider accept my insurance?
- Is a physician referral required?
- Is the provider accepting new patients?
- What services are available at this location?
- How are medical records shared with other providers?
- Will my primary care physician remain involved?
- Can family members participate in care planning?
- What follow-up services are available?
- Are rehabilitation or therapy services available?
- Does the provider coordinate with senior living communities?
- Are telehealth appointments available when appropriate?
- How are urgent concerns handled after normal office hours?
- Is transportation required?

Questions to Ask Before Choosing a Pharmacy

Prescription needs, insurance coverage, and pharmacy services can vary.

Before selecting or transferring to a pharmacy, consider asking:

- Does the pharmacy accept my prescription insurance plan?
- Is prescription delivery available?
- Is drive-through or curbside pickup offered?
- Can prescriptions be transferred from another pharmacy?
- Does the pharmacy offer automatic refills?

- Can refill dates be coordinated?
- Are vaccinations available?
- Can the pharmacist review my full medication list?
- How are urgent refill requests handled?
- What identification or insurance information is required?

Senior Healthcare Planning Checklist

Preparing important healthcare information ahead of time can make appointments, hospital visits, and transitions between care settings easier to manage.

Keep the following information together in a secure and accessible location:

- ☐ Current medication list
- ☐ Medication allergy information
- ☐ Primary care physician contact information
- ☐ Specialist contact information
- ☐ Preferred pharmacy
- ☐ Insurance cards
- ☐ Emergency contact information
- ☐ Advance directive
- ☐ Healthcare power of attorney or healthcare proxy
- ☐ Medical history summary
- ☐ Recent hospital discharge paperwork
- ☐ Therapy recommendations
- ☐ Medical equipment information
- ☐ List of current health conditions
- ☐ Questions for physicians or other providers

Planning Tip

Prepare for Medical Appointments

A little preparation can help seniors and caregivers get more value from medical appointments.

Before the visit:

- Write down current symptoms or concerns.

- Bring an updated medication list.
- Gather relevant discharge instructions or test results.
- Confirm insurance and referral requirements.
- Prepare a short list of questions.
- Ask whether a family member may participate.
- Take notes during the appointment.
- Confirm the next steps before leaving.

After the appointment, update medication lists, calendars, and care instructions as needed.

Why Coordinated Care Matters

Healthcare often involves more than one provider.

Following a hospitalization or change in health, an individual may work with physicians, specialists, therapists, pharmacists, nurses, family caregivers, and senior living team members while managing medications, appointments, and recovery goals.

When everyone communicates effectively, coordinated care may help:

- Reduce confusion
- Support continuity between providers
- Clarify medication and treatment instructions
- Keep residents and families informed
- Support smoother transitions after hospitalization
- Organize follow-up care
- Align outside services with the resident's care plan
- Identify questions or concerns earlier

At The Woodland, our team helps support communication with hospitals, physicians, therapists, pharmacists, and family members whenever appropriate.

This coordination can help residents and families better understand care instructions and feel more supported as healthcare needs change.

Healthcare and Clinical Support at The Woodland

Access to trusted outside providers is only one part of supporting a resident's health and well-being.

The Woodland offers several levels of senior care and support designed to respond to different needs and circumstances.

Available services include:

- Independent living
- Assisted living
- Skilled nursing
- Memory care
- Short-term respite care
- Long-term care

- Medication management
- Assistance with activities of daily living
- Ongoing health monitoring
- Individualized care planning
- Coordination with physicians and specialists

As care needs evolve, The Woodland's team works with residents, families, and outside healthcare professionals to help keep care personalized, coordinated, and focused on each resident's comfort and well-being.

Supporting Health Beyond Medical Appointments

Health and well-being involve more than medical treatment.

Daily routines, nourishing meals, movement, social connection, mental stimulation, and opportunities for relaxation can all contribute to a resident's quality of life.

At The Woodland, residents may participate in:

- Chef-prepared meals based on individual dietary needs
- Fitness and wellness classes
- Gentle group walks
- Creative arts and crafts
- Games and trivia
- Movie nights
- Educational seminars
- Guest speaker programs
- Social hours
- Seasonal celebrations
- Group discussions
- Calming activities designed to refresh the mind and spirit
- Local outings and community activities

These opportunities allow residents to remain active, connected, and engaged while receiving the level of support that fits their needs.

Additional Healthcare Resources

To learn more about the organizations featured in this guide, visit:

Centra Southside Community Hospital

<https://www.centrahealth.com/locations/centra-southside-community-hospital>

Centra Southside Medical Center

<https://www.centrahealth.com/locations/centra-southside-medical-center>

Farmville Family Pharmacy

<https://yourpharmacyfamily.com/>

CVS Pharmacy

https://www.cvs.com/store-locator/farmville-va-pharmacies/919-south-main-st-farmville-va-23901/storeid=1559?WT.mc_id=LS_GOOGLE_FS_1559

Walgreens Pharmacy

<https://www.walgreens.com/locator/walgreens-1401+s+main+st-farmville-va-23901/id=17429>

Walmart Pharmacy

https://www.walmart.com/store/1486-farmville-va/pharmacy/?veh=seo_loc

Planning Your Next Step

Choosing the right senior living community involves more than comparing services or amenities.

It means finding a place where residents can receive personalized support, remain involved in daily life, and benefit from clear communication as their needs change.

At The Woodland, our team is available to answer questions, explain available care options, and help families better understand what the transition to senior living may involve.

Whether you are planning ahead, responding to an unexpected change in health, or exploring care options for someone you love, we invite you to learn more about our community.

Schedule a Personal Tour

The Woodland

Phone: (434) 474-1381

This guide is provided for general educational and informational purposes only. The inclusion of a hospital, healthcare provider, pharmacy, or other organization does not guarantee availability, eligibility, insurance coverage, pricing, quality, or specific outcomes. Services, hours, insurance participation, and program requirements may change.

Please contact each organization directly for the most current information. Information in this guide does not replace professional medical advice, diagnosis, or treatment. Residents and families should consult qualified healthcare professionals regarding individual medical needs and decisions.